

Newsletter 2021

From The Chair

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Local people, caring for our community

We hope that you and your family were able to manage the challenges presented by COVID in 2021.

In a year dominated by masks, injections, restrictions, and cancellations, through it all, Skin Cancer Tasmania and its wonderful volunteer crew, continued to support and care for those affected by skin cancer, provide awareness talks, get out and about in the community, and continue to forge strong relationships with our clinical partners and not for profit colleagues.

Our major highlights for 2021 were:

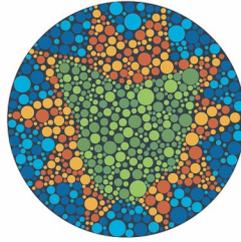
- Attending the **Wellness Expo** at PW1 in February
- Joining our global colleagues in promoting the **Global Melanoma Awareness Campaign** in May
- Attending the **Brighton vs New Norfolk Football** match in honour of Brendan Browning
- **Run From The Sun** 2021 – our fifth year. Special thanks to Ken Harriss and our sponsors: Jacksons Motor Company, EGO Sunsense, Shy Skin Swimwear and Chemist Warehouse.
- Attending the **Hobart College Wellness Expo**
- Continuing to foster relationships with our **clinical** friends
- Partnerships with our national melanoma providers – in particular, **Melanoma Patients Australia (MPA)** through their Tasmanian online support group and Wellness Series and the Melanoma and Skin Cancer Advocacy Network (MSCAN)
- Family BBQs across the state held by **Communications Electrical and Plumbing Union (CEPU)**
- Ongoing partnership with **EGO Sunsense** who continue to provide strong support of our organisation
- **Advocating** for better access and funding for skin checks

Thank you to our many sponsors and supporters of events without whom, we could not achieve what we do.

As always, to our board members: Candice Terhell (Vice Chair), Scott Nicol (Treasurer), Wendy Sullivan (Secretary), Nikki Elkerton, Andrew Johns, and Tim Jackson, thank you for your support of Skin Cancer Tasmania and your guidance of the organisation not only this year but through previous years.

Di Mason  
Chair





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### Wellness Expo PW1 February 2021

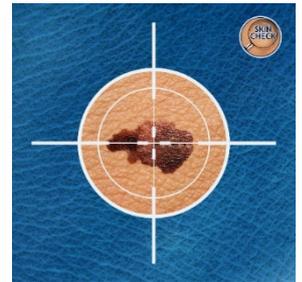
Our wonderful Skin Cancer Tasmania volunteers again provided information and support at the Wellness Expo.

Thank you to Ken, Craig, Belinda, Jean, Nick, Karen, and Fiona



### World Melanoma Month May 2021 Global Melanoma Awareness Campaign

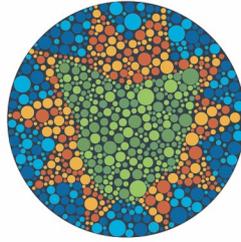
This year the focus was on encouraging Australians to go on a National Melanoma Hunt – with Skin Cancer Tasmania providing information and tools to assist people with how to find a melanoma. With many people delaying visits to their doctor during the pandemic, now is a great time to get to know your skin.



There are many tools Skin Cancer Tasmania has in order to assist you to provide a self skin examination:

- Posters on what to look for
- A video on our You Tube channel to walk you through a skin check:
- You can also ask Alexa and Google about how to perform a skin check





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## Barwick/Browning Shield Football Match New Norfolk vs Brighton 14 August 2021

Brendan Browning was a huge part of both the New Norfolk and Brighton Football Clubs. Brendan passed away from melanoma and for their clash, the clubs held a fundraising and awareness day at the Brighton Football Oval. An awesome day with a luncheon and BBQ. A total of \$14,157 was raised for Skin Cancer Tasmania 🍷💙



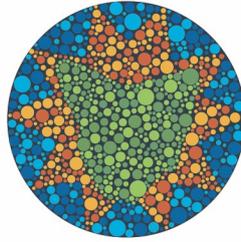
**HAVE YOUR SAY!**  
An independent survey to understand the hidden burdens of cancer patients.

**SHARE WITH YOUR CANCER CARE NETWORKS**

**ICON GROUP**

\*Survey closes Friday 7 January

Thank you to the ICON Group Hobart for your care of patients with skin cancer and ongoing provision of Multidisciplinary Group meetings for Skin Cancer. These meetings optimise the treatment outcomes for Tasmanians with skin cancer



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## 2021 Run From The Sun Melanoma Awareness Ride

This year's Run From The Sun was special in a couple of ways – it was our 5<sup>th</sup> year and to celebrate, we had special badges made for the riders. The Easy Riders NW chapter added a fundraising motorbike ride during the first weekend in Devonport, and we were able to remember one of our previous ride leaders, Leon Cupit during our southern ride at the end of November. Leon was a huge character both on and off the bike and will be warmly remembered by all of us at Skin Cancer Tasmania.



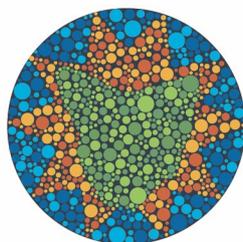
Over two weeks, we covered 2021kms, presented to approximately 1573 students and 52 staff, visited 5 skin cancer clinics & GP practices, and performed skin scans in 4 pharmacies.

We couldn't have done it without our wonderful teachers and students and this year, we were assisted by some amazing school nurses.

For more information and images, go to our Run From The Sun page: <https://www.facebook.com/groups/174741217277246>







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## Partnerships with National Melanoma Organisations

Skin Cancer Tasmania continues to work closely with our national friends to ensure information and resources are available to all Australians affected by skin cancer – not just those living in the larger cities.



We thank **Melanoma Patients Australia** for their continuing support of Tasmanians living with melanoma through the provision of the Tasmanian Online Facebook Support Group that meets once a month via Zoom.

Melanoma Patients Australia, in conjunction with Merck Sharp and Dohme have also provided the MPA Wellness Series – providing information and support resources across the country in the form of online information sessions. Topics include: Strategies for Building Resilience, Financial Wellness, Eating Well and Exercise and Checks & Monitoring. For more information go to:  
<https://melanomapatients.org.au/resource/>

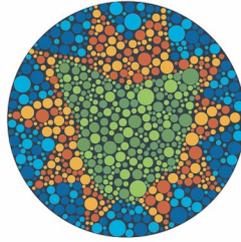


Our friends at the **Melanoma and Skin Cancer Advocacy Network (MSCAN)** have developed the Spot on Podcasts which provide a range of practical videos on topics related to skin cancer.

More information can be found here:  
<https://mscan.org.au/learning-hub/podcasts/>

**Melanoma Institute Australia** hosted the Australasian Melanoma Conference virtually in 2021. One of the highlights was the Melanoma Patient and Carer Forum. Videos of these sessions can be found here:  
<https://www.melanoma.org.au/understanding-melanoma/support-patient-stories/amc2021-melanoma-patient-and-carer-forum-videos/>





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## CEPU Family BBQs

The Communications Electrical and Plumbing Union (CEPU) approached Skin Cancer Tasmania to take part in their family BBQs across the state in November.

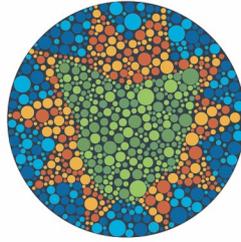
BBQs were held in Devonport, Launceston and Hobart and were heaps of fun as well as providing an opportunity to raise awareness about skin cancer, the importance of sun protection & regular skin checks to their members – many of whom work in outdoor jobs.



## Run From The Sun Skin Cancer Tasmania Fundraising Ride - Sunday 29 November

Another fantastic turn out for our ride which was postponed from September to November due to unfavourable weather.





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## 2021 Tasmanian Volunteering Awards

Ken Harriss was again nominated as a finalist in the **2021 Tasmanian Volunteering Awards for the Community Care and Health Volunteer Award.**

We are so proud to have you as part of our team Ken. So well deserved.



Please continue to be sun safe – check UV levels. Sun protection is required when UV levels are 3 and above. You can find the daily UV alert on our Facebook page:  
<https://www.facebook.com/skincancer/tas/>

Display one of our awareness posters in your school/workplace or sporting club. To request one, send us an email to: [info@skincancer.org.au](mailto:info@skincancer.org.au)

**Keep safe in 2022 and beyond**

